



DES MOINES **CORPORATE *GAMES***

Cross Country Results

Small Division

| Men's 4K | | | |
|-----------------------|--------------|-------------------------|-------------|
| 18-24 | | | |
| Place | Name | Company | Time |
| 1st | Jacob Ahrens | Bolton & Menk/Impact 7G | 21:56 |
| 35-39 | | | |
| 1st | Josh Shields | Bolton & Menk/Impact 7G | 22:24 |

| Women's 4K | | | |
|-----------------------|-----------------|--------------------------|-------|
| 25-29 | | | |
| 1st | Abby Grassmeyer | Fidelity & Guaranty Life | 24:09 |
| 35-39 | | | |
| 1st | Tami Cosgrove | Fidelity & Guaranty Life | 34:48 |
| 40-44 | | | |
| 1st | Kirsten Cox | Fidelity & Guaranty Life | 33:05 |



DES MOINES CORPORATE *GAMES*

Cross Country Results

Medium Division – 4K

| Men's 25-29 | | | |
|------------------------|------------------|--------------------|-------------|
| Place | Name | Company | Time |
| 1 st | Andy Conyers | RSM | 22:12 |
| 30-34 | | | |
| 1 st | Ryan Glick | Berkley Technology | 18:20 |
| 40-44 | | | |
| 1 st | Bob Kilzer | Iowa Student Loan | 21:56 |
| 45-49 | | | |
| 1 st | Mark Christensen | Berkley Technology | 24:23 |
| 50-54 | | | |
| 1 st | Doug Manak | DLL Finance | 25:17 |
| 2 nd | Shaun Murray | Berkley Technology | 25:26 |
| 3 rd | John Eddleman | Marriott | 25:36 |

| Women's 25-29 | | | |
|--------------------------|--------------|--------------------|-------------|
| Place | Name | Company | Time |
| 1 st | Dani Breon | Berkley Technology | 30:01 |
| 30-34 | | | |
| 1 st | Megan Grout | DLL Finance | 24:17 |
| 40-44 | | | |
| 1 st | Jen Sieleman | Berkley Technology | 24:13 |
| 2 nd | Kara Lindsey | RSM | 27:20 |



DES MOINES CORPORATE *GAMES*

Cross Country Results Medium Division – 8K

| Men's 25-29 | | | |
|------------------------|----------------|--------------------|-------------|
| Place | Name | Company | Time |
| 1 st | Ben Currie | RSM | 31:30 |
| 2 nd | Ryan Post | DLL Finance | 43:18 |
| 30-34 | | | |
| 1 st | Kyle Vollstedt | DLL Finance | 36:54 |
| 2 nd | Jeremy Hoffman | Iowa Student Loan | 40:51 |
| 35-39 | | | |
| 1 st | Clint Stiles | Berkley Technology | 34:15 |
| 2 nd | Brian Lundberg | DLL Finance | 49:01 |
| 40-44 | | | |
| 1 st | Pete Jenkins | Berkley Technology | 44:36 |
| 50-54 | | | |
| 1 st | David Pullara | Iowa Student Loan | 37:18 |

| Women's 35-39 | | | |
|--------------------------|----------------|--------------------|-------------|
| Place | Name | Company | Time |
| 1 st | Betsy Anderson | Berkley Technology | 1:01:44 |



DES MOINES CORPORATE *GAMES*

Cross Country Results

Large Division – 4K

| Men's 35-39 | | | |
|-----------------|-----------------|------------------------|-------|
| Place | Name | Company | Time |
| 1 st | Alan Niggemeyer | Casey's General Stores | 37:58 |

| Women's 18-24 | | | |
|------------------|-----------------------|--------------------|-------|
| Place | Name | Company | Time |
| 1 st | Regina Chan | GuideOne | 30:22 |
| 25-29 | | | |
| 1 st | Tori Cooke | UTAS | 21:14 |
| 30-34 | | | |
| 1 st | Carrie Kruse | City of Des Moines | 26:00 |
| 2 nd | Robin Boerre | Bankers Trust | 34:46 |
| 40-44 | | | |
| 1 st | Valerie Hermanstorfer | Bankers Trust | 27:07 |
| 50-54 | | | |
| 1 st | Bobbi Snodgrass | GuideOne | 22:17 |



DES MOINES CORPORATE *GAMES*

Cross Country Results

Large Division – 8K

| Men's 18-24 | | | |
|------------------------|------------------|-----------------------|-------------|
| Place | Name | Company | Time |
| 1 st | Rhett Gainey | Farm Bureau Financial | 31:15 |
| 2 nd | JT Crowley | Principal | 35:12 |
| 25-29 | | | |
| 1 st | Bryce Druvenga | Farm Bureau Financial | 42:17 |
| 2 nd | Kevin Kenel | Mercy Medical Center | 52:30 |
| 30-34 | | | |
| 1 st | Josh Goldbeck | Principal | 39:14 |
| 2 nd | Jose Romero | UTAS | 40:09 |
| 35-39 | | | |
| 1 st | Steve Naber | City of Des Moines | 50:45 |
| 40-44 | | | |
| 1 st | Patrick Riley | Farm Bureau Financial | 31:15 |
| 2 nd | Dan Pinkerton | Farm Bureau Financial | 31:41 |
| 45-49 | | | |
| 1 st | Todd Christensen | Farm Bureau Financial | 35:15 |
| 2 nd | George Stock | GuideOne | 40:55 |
| 50-54 | | | |
| 1 st | Pat Jackson | Bankers Trust | 42:46 |

| Women's 18-24 | | | |
|--------------------------|----------------|------------------------|-------------|
| Place | Name | Company | Time |
| 1 st | Abby Braida | Bankers Trust | 44:47 |
| 25-29 | | | |
| 1 st | Mary Maassen | Mercy Medical Center | 44:58 |
| 2 nd | Pa Goldbeck | City of Des Moines | 51:20 |
| 35-39 | | | |
| 1 st | Stephanie Boyd | Mercy Medical Center | 39:56 |
| 2 nd | Kelly Bucher | Casey's General Stores | 41:31 |
| 40-44 | | | |
| 1 st | Glenda Clark | Mercy Medical Center | 45:47 |