

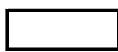
2017 Cross Country Results (4K)

Small Division

Place	First Name	Last Name	Age	Company	Time	Points
Men 19-24						
1	Even	Edlerken	24	McGowen, Hurst, Clark & Smith P.C.	22:53	210
Men 25 -29						
1	Shacon	McKenzie	28	DPT Group	23:54	210
Men 30-34						
1	Luke	Christensen	30	Fidelity & Guaranty Life	19:40	210
2	Brian	Steffens	31	Shive-Hattery	20:19	185
3	Dusty	Beemen	34	DPT Group	29:57:00	160
Men 35-39						
1	Josh	Shields	38	Bolton & Menk / KDSM	23:18	210
Men 45-49						
1	Brian	Bailey	45	Heartland Coop./ Helena	24:29:00	210
Men 65-69						
1	Bob	McGowen	66	McGowen, Hurst, Clark & Smith P.C.	45:32:00	210
Women 19-24						
1	Katelyn	Fevold	24	McGowen, Hurst, Clark & Smith P.C.	20:40	210
2	Michelle	Buboltz	24	Heartland Coop./ Helena	27:05:00	185
3	Rachael	McDonald	24	Fidelity & Guaranty Life	51:41:00	160
4	Cogney	McDonald	24	McGowen, Hurst, Clark & Smith P.C.	52:54:00	135
5	Kelsey	Cerrantes	24	McGowen, Hurst, Clark & Smith P.C.	52:55:00	10
Women 25 -29						
1	Sara	Lewis	28	McGowen, Hurst, Clark & Smith P.C.	44:17:00	210
Women 30-34						
1	Cassie	McMann	32	Fidelity & Guaranty Life	41:52:00	210
Women 35-39						
1	Carla	Kirkpatrick	35	Fidelity & Guaranty Life	29:05:00	210
2	Tami	Crosgrove	37	Fidelity & Guaranty Life	33:56:00	185
3	Kristin	Clayton	35	McGowen, Hurst, Clark & Smith P.C.	36:13:00	160
Women 45-49						
1	Kendra	Oneill	47	McGowen, Hurst, Clark & Smith P.C.	44:17:00	210
Women 50-54						
1	Denise	Hays	54	McGowen, Hurst, Clark & Smith P.C.	35:28:00	210
Women 65-69						
1	Cathy	Godwin	62	McGowen, Hurst, Clark & Smith P.C.	41:42:00	210
Medium Division						
Place	First Name	Last Name	Age	Company	Time	Points
Men 19-24						
1	Andrew	Mumm	21	Berkley Technology	19:44	210
Men 25 -29						
1	Peter	Tatsuda	26	Berkley Technology	25:23:00	210
2	Devin	Knabb	29	Berkley Technology	27:11:00	185
Men 30-34						
1	Michael	Gnankou	34	Hubbell Realty	26:43:00	210

2	Daniel	Dvorak	31	UTAS	30:27:00	185
Men 35-39						
1	Bryan	Gill	39	Berkley Technology	20:53	210
2	Tim	Phifer	39	Berkley Technology	22:47	185
3	Kyle	Brown	39	Berkley Technology	24:50:00	160
4	Calvin	Schlak	37	Berkley Technology	26:09:00	135
5	Gopi	Iyer	39	Berkley Technology	29:03	10
6	Rynn	Rinnan	37	Berkley Technology	29:09:00	10
Men 40-44						
1	Pete	Jenkins	42	Berkley Technology	21:40:00	210
2	Brad	Leu	40	Berkley Technology	22:38:00	185
3	Doug	Campbell	40	Berkley Technology	22:43:00	160
4	Ryan	Roberts	42	Berkley Technology	22:59:00	135
5	Justin	Mease	40	Berkley Technology	25:51	10
6	Michael	Weber	41	Voya Financial	27:42:00	10
7	Jim	Robbins	43	Berkley Technology	30:11	10
Men 45-49						
1	Mike	Bronson	47	UTAS	18:56:00	210
2	George	Stock	47	GuideOne Insurance	23:13:00	185
3	Mark	Christensen	48	Berkley Technology	24:30:00	160
Men 50-54						
1	Randy	Siders	52	UTAS	22:24:00	210
2	John	Eddleman	51	Des Moines Marriott	24:37:00	185
3	Kevin	Thompson	54	UTAS	27:48:00	160
4	David	Klemme	51	Berkley Technology	34:14:00	135
5	Shaun	Murray	51	Berkley Technology	35:22:00	10
Men 55-59						
1	John	Taylor III	58	Voya Financial	20:25:00	210
Men 60-64						
1	Mark	Movic	64	American Enterprise Group	21:14:00	210
2	Gary	Rasmussen	64	Berkley Technology	30:37:00	185
Women 19-24						
1	Brynnan	Greimann	23	Berkley Technology	30:39:00	210
Women 25-29						
1	Gwendolyn	Kunigsbury	29	American Enterprise Group	20:51:00	210
2	Tori	Cooke	28	UTAS	24:39:00	185
3	Shawna	Brown	28	Voya Financial	24:52:00	160
Women 30-34						
1	Florie	Vinca	30	UTAS	24:21:00	210
2	Alex	Marckman	33	Berkley Technology	26:56:00	185
3	Dani	Breon	30	Berkley Technology	38:27:00	160
Women 35-39						
1	Ashlee	Daniel	37	UTAS	29:21:00	210
2	Kimberly	Miner	37	Voya Financial	44:38:00	185
Women 40-44						
1	Lisa	Kuennen	44	Berkley Technology	25:45:00	210
2	Carrie	Striegel	40	Voya Financial	25:55:00	185

3	Valerie	Hermanstorfer	41	Bankers Trust	26:41:00	160
4	Kim	Compton	41	Des Moines Marriott	26:55:00	135
5	Amber	Cole	41	Berkley Technology	27:12:00	10
6	Kara	Lindsey	41	RSM	28:30:00	10
7	Toni	Parkins	40	Voya Financial	34:29:00	10
Women 50-54						
1	Pam	Lund	50	Berkley Technology	38:21:00	210
Women 55-59						
1	Bobbi	Snodgrass	55	GuideOne Insurance	23:10:00	210
Large Division						
Place	First Name	Last Name	Age	Company	Time	Points
Men 30-34						
1	Josh	Golbeck	33	Principal	25:29	210
Men 35-39						
1	Joseph	Aulwes	36	DuPont Pioneer	16:03	210
Men 40-44						
1	Jeff	Stapleton	43	DuPont Pioneer	20:49	210
2	Nate	Rollene	41	Pella Corporation	23:08	185
Men 45-49						
1	Tim	Hart	49	DuPont Pioneer	18:22:00	210
2	Eric	Welch	48	DuPont Pioneer	19:49:00	185
Men 50-54						
1	Steve	Callistein	50	DuPont Pioneer	22:40:00	210
2	Joseph	Mariadass	53	Pella Corporation	25:01:00	185
3	Kevin	Nelson	52	DuPont Pioneer	26:25:00	160
Men 55-59						
1	Mike	Quick	55	Farm Bureau Financial	20:56:00	210
2	Mike	Mathewson	58	Pella Corporation	25:05:00	185
Men 60-64						
1	Denny	Menrich	60	Farm Bureau Financial	27:28:00	210
Women 25 -29						
1	Kylie	Kell	28	Farm Bureau Financial	19:02:00	210
2	Pam	Goldbeck	28	City of Des Moines	25:53:00	185
Women 40-44						
1	Jenny	Goodman	41	DuPont Pioneer	25:24:00	210
Women 50-54						
1	Paula	Haughey	50	Farm Bureau Financial	21:29:00	210
2	Jean	Dingeman	53	Pella Corporation	23:56:00	185
Women 60-64						
1	Joyce	Burch	61	Pella Corporation	31:37:00	210



2017 Cross Country (8K)

Small Division

Division	Place	First Name	Last Name	Age	Company	Time	Score
Men	19-24						
	1	Erin	Thorne	19	DPT Group	53:46:00	210
Men	25-29						
	1	Valon	Tika	25	Fidelity & Guranty Life	49:09:00	210
Men	30-34						
	1	Ted	Gerber	30	DPT Group	39:15:00	210
Men	35-39						
	1	Thomas	Fawcett	35	Heartland Coop./Helena	37:20:00	210
Women	35-39						
	1	Maria	Sears	35	Fidelity & Guranty Life	42:52:00	210
	2	Colleen	Murphy	38	Greater Des Moines Patnership/CVB	43:37:00	185
Women	45-49						
	1	Amy	Burn	45	Weitz	49:43:00	210

Medium Division

Division	Place	First Name	Last Name	Age	Company	Time	Score
Men	25-29						
	1	Ben	Currie	27	RSM	30:41:00	210
Men	30-34						
	1	Jeremy	Hoffman	33	Iowa Student Loan	39:49:00	210
	2	Charles	Harned	31	Baker Group	44:58:00	185
Men	35-39						
	1	Kyle	Brown	39	Berkley Technology	38:57:00	210
	2	Tim	Phifer	39	Berkley Technology	40:25:00	185
	3	Jason	Brown	38	Voya Financial	46:41:00	160
Men	40-44						
	1	Ryan	Roberts	42	Berkley Technology	38:52:00	210
	2	Doug	Campbell	40	Berkley Technology	41:52:00	185
	3	Michael	Weber	41	Voya Financial	48:17:00	160
Men	45-49						
	1	Mike	Bronson	47	UTAS	33:18:00	210
	2	George	Stock	47	GuideOne	39:29:00	185
Men	50-54						
	1	Randy	Siders	52	UTAS	39:17:00	210
	2	Shaun	Murray	51	Berkley Technology	54:26:00	185
Men	55-59						
	1	John	Taylor III	58	Voya Financial	36:08:00	210
Men	60-64						
	1	Mark	Movic	60	American Enterprise Group	36:23:00	210
Women	19-24						
	1	Dana	Vogel	21	IMT Group	32:39:00	210
Women	25-29						
	1	Gwendolyn	Kingsbury	29	American Enterprise Group	36:59:00	210
Women	30-34						

		1	Dani	Breon	30	Berkley Technology	58:42:00	210
Women	40-44							
		1	Carrie	Striegel	40	Voya Financial	43:44:00	210
		2	Lisa	Kuennen	44	Berkley Technology	46:02:00	185
		3	Stacy	Konz	41	Iowa Student Loan	49:55:00	160
Women	55-59							
		1	Bobbi	Snodgrass	55	Guideone	41:11:00	210
		2	Sandy	Kordick	56	Aureon	1:14:58	185
Large Division								
Division	Place	First Name	Last Name	Age	Company	Time	Score	
Men	19-24							
		1	Sam	Werner	20	Principal	29:33:00	210
		2	Miles	Kirts	23	Farm Bureau Financial	34:01:00	185
Men	25-29							
		1	Thomas	Hlad	28	Dupont Pioneer	29:11:00	210
Men	30-34							
		1	Todd	Vogel	31	EMC Insurance	29:26:00	210
		2	Ross	Megargel	32	Dupont Pioneer	31:33:00	185
		3	Josh	Goldbeck	33	Principal	0:34:44	160
Men	35-39							
		1	Ross	Daniel	38	Dupont Pioneer	31:18:00	210
		2	Dakota	Derr	39	Principal	31:44:00	185
		3	Steve	Naber	38	City of Des Moines	40:10:00	160
Men	40-44							
		1	Patrick	Riley	44	Farm Bureau Financial	27:52:00	210
		2	Nate	Rollene	41	Pella Corporation	40:03:00	185
Men	45-49							
		1	Tim	Hart	49	Dupont Pioneer	31:53:00	210
		2	Eric	Welch	48	Dupont Pioneer	34:50:00	185
		3	Kevin	Minnis	45	Dupont Pioneer	43:47:00	160
Men	50-54							
		1	Kevin	Nelson	52	Dupont Pioneer	44:40	210
Men	55-59							
		1	Jim	Gaffney	55	Dupont Pioneer	37:49:00	210
		2	Mike	Mathewson	58	Pella Corporation	43:08:00	185
Men	60-64							
		1	Steve	Evans	63	MidAmerican Energy	48:38:00	210
Women	25-29							
		1	Mary	Maassen	28	Mercy Medical Center	37:39:00	210
Women	40-44							
		1	Jenny	Goodman	41	Dupont Pioneer	44:37:00	210
Women	50-54							
		1	Jean	Dingeman	53	Pella Corporation	43:19:00	210
Women	60-64							
		1	Joyce	Burch	61	Pella Corporation	53:45:00	210