



ROAD RACE – RULES

Eligibility

All participants must be regular employees (full or part-time), interns or retirees of companies registered for the Des Moines Corporate Games.

General Guidelines

The road race will be held as a subdivision of the Clive Running Festival. Route details and additional information will be posted on the DMCG website.

DMCG Point System

- Individuals will compete within their age group against competitors from all divisions.
 - **Age Groups: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+**
- Points will be awarded to the top four finishers in each age group (**by division**) as follows:

5K Road Race	
Place	Points
1 st	60
2 nd	40
3 rd	30
4 th	20

- Participation points will be awarded for individuals in the 5K race. To receive **10** participation points, individuals must complete the course as designed.