



2023 DES MOINES CORPORATE GAMES SPORT & EVENT SCHEDULE



June 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Fitness Walk	5 Burst Your Thirst Begins	6 3 on 3 Bball Women – All Divisions	7 3 on 3 Bball Division 2 – Men Division 3 - Men	8 3 on 3 Bball Division 1 – Men	9	10 Pickleball Divisions 1, 2 & 3
11 Pickleball Divisions 4 & 5	12 Track & Field Divisions 2, 4 & 5	13 Track & Field Divisions 1 & 3	14	15	16 Virtual Fitness Walk Begins	17 Yoga Spikeball
18	19 3 on 3 Bball Division 4 & 5 - Men Learn & Earn Virtual Fitness Walk Ends	20	21 Dodgeball Divisions 1, 3 & 4	22 Dodgeball Divisions 2 & 5	23 Learn and Earn Ends	24 Kickball Divisions 1, 3 & 4
25 Kickball Divisions 2 & 5	26	27 Trivia Night	28	29 Virtual Fitness Class	30 Burst Your Thirst Ends	
July 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Cycling Tour Ride
2	3	4	5	6	7	8 XC Race
9 Tri/Duathlon	10 Bowling Division 5 – All Division 2 - Coed	11 Bowling Division 3 – All Division 1 & 4 - Coed	12 Bowling Division 1 - M/W Division 2 - M/W	13 Bowling Division 4 – M/W	14	15 Golf D1 – Coed D2 & D 4– M/W D5 - Men
16 Golf D1 – M/W D2 & D4 – Coed D3 - All D5 – W / Coed	17	18	19 Bags Divisions 5	20 Bags Divisions 3 & 4	21 Bags Divisions 1 & 2	22 Road Race
23 Disc Golf	24	25	26	27 Tug of War	28 Sand Volleyball Divisions 1 & 2	29 Sand Volleyball Divisions 3, 4 & 5
30	31					