



DES MOINES CORPORATE *GAMES*

WINTER FITNESS CLASS

Eligibility

All participants must be regular employees (full or part-time), interns or retirees of companies registered for the Winter Corporate Games.

Fitness Class Rules

1. All participants must be regular employees (full or part-time), interns or retirees of companies registered for the Des Moines Corporate Games to receive points.
2. Fitness classes are non-competitive, participation events.
3. Companies will earn tally points based on the number of employees who participated.
4. The scoring for this event will go into the tally system

Winter Challenge Tally Tracking/Point Scoring

- Points won't directly be scored from each specific event, but instead a "point tracking tally" will be kept for each and will be based on the total number of participants that check in and/or completed the given virtual event.
- The top six companies in each division will receive "tally tracking points." These points will be used as a placement tracking mechanism and not be added to the DMCG Leaderboard.
- See below for virtual event tally tracking points.

Event Tracking	Tally
1st	10 pts
2nd	9 pts
3rd	8 pts
4th	7 pts
5th	6 pts
6th	5 pts
7th+	0 pts

- At the end of the challenge, tally tracking points from all events will be combined, totaled, and scored. The company in each division with the most tally points will receive an award.
- See below for virtual event final scoring.

Final Combined Scoring Sample

1. Below you will find a sample of the events tallied, totaled and scored.



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Team	Blood Donation	Mall Fitness Walk	Skywalk Fitness Walk	Fitness Class	Cycling Tour Ride	Volunteering	Tally Points
Company A	3rd = 8pts	1st = 10 pts	4th = 7pts	4th = 7pts	1 st = 10 pts	1st = 10 pts	52 pts (1 st)
Company B	1st = 10pts	3rd = 8 pts	6th = 5pts	6th = 5pts	4th = 7 pts	5th = 6 pts	41 pts (4 th)
Company C	2nd = 9pts	2nd = 9pts	5th = 6pts	5th = 6pts	2 nd = 9 pts	3rd = 8pts	47 pts (2 nd)
Company D	4th = 7pts	4th = 7 pts	3rd = 8pts	3rd = 8pts	3 rd = 8 pts	6th = 5 pts	43 pts (3 rd)
Company E	6th = 5pts	5th = 6 pts	2nd = 9pts	7th = 0pts	5 th = 6pts	2nd = 9 pts	35 pts (5 th)
Company F	5th = 6pts	6th = 5pts	7th = 0pts	8th = 0pts	7 th = 0 pts	4th = 7pts	18 pts (6 th)