



# DES MOINES CORPORATE *GAMES*

## 2019 SPORT & EVENT SCHEDULE

June 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Kickoff Party
2 Fitness Walk - DSM	3	4 Bowling Division 1 - All Division 2 - Men Division 2 - Women	5 Bowling Division 2 - Coed Division 3 - All	6 Bowling Division 4 - All	7	8 Yoga Basketball Shooting Division 1 - 1:00 Division 2 - 2:30
9	10 Burst Your Thirst Begins	11 Dodgeball Division 2 Division 4	12	13 Dodgeball Division 1 Division 3	14	15 Cycling Tour Ride
16	17 3 on 3 Basketball At Wellmark Y Division 2	18 3 on 3 Basketball At Wellmark Y Division 4	19 3 on 3 Basketball At Wellmark Y Division 3	20 3 on 3 Basketball At Trail Point Division 1	21	22 Sand Volleyball
23 Disc Golf Divisions 1 & 3 - 1:00 Divisions 2 & 4 - 3:00	24	25 Track & Field Division 1 Division 3	26 Track & Field Division 2 Division 4	27	28	29 Basketball Shooting Division 3 - 2:30 Division 4 - 4:00
30 Ultimate						

July 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11 Trivia	12	13 Tri/Du Packet Pickup
14 Triathlon Duathlon	15	16	17	18 Bags Division 1 Division 4	19 Bags Division 2 Division 3 Burst Your Thirst Ends	20 Fitness Walk-Ames Road Race 5K/10K
21 Zumba (DSM)	22	23	24 Spikeball Division 1 Division 4	25 Spikeball Division 2 Division 3	26	27 XC 4K & 8K Golf Division 1 - All Division 4 - All Division 2 - M & W
28 Golf Division 2 - Coed Division 3 - All	29	30	31 Tug of War			