



# DES MOINES CORPORATE *GAMES*

## 2025 Calendar

**\*NOTE: The Duathlon and Triathlon will take place May 18, 2025**

June 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					30 <b>Sand Volleyball</b> Divisions 3, 4 & 6	31 <b>Pickleball</b> Divisions 1, 5 & 6
1 <b>Pickleball</b> Divisions 2, 3, & 4	2 <b>Basketball</b> Divisions 1 & 4 Division 6 W  <i>Step Challenge Begins</i>	3 <b>Basketball</b> Division 2 & 5	4 <b>Basketball</b> Division 3 Division 6 M	5	6 <b>Sand Volleyball</b> Divisions 1, 2 and 5	7
8 <b>Fitness Walk</b>	9 <b>Track &amp; Field</b> Divisions 2, 4 & 5	10 <b>Track &amp; Field</b> Divisions 1, 3 & 6	11	12	13	14 <b>Yoga</b>
15	16 <b>Ping Pong</b> Divisions 1, 2 & 6 <b>Dodgeball -VCC</b> Division 5	17 <b>Ping Pong</b> Divisions 3, 4 & 5  <b>Dodgeball – VCC</b> Division 6	18 <b>Trivia</b> Divisions 1, 3 and 4	19 <b>Trivia</b> Divisions 2, 5 and 6	20	21 <b>Ultimate Frisbee</b>
22 <b>Disc Golf</b>	23	24 <b>Dodgeball</b> Divisions 2 & 3	25 <b>Dodgeball</b> Divisions 1 & 4	26	27 <b>Step Challenge Ends</b>	28 <b>Cycling Tour Ride</b>
29 <b>Golf</b> D3, D4, & D6 Coed	30					
July 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9 <b>Bags</b> Divisions 1 & 3	10 <b>Bags</b> Divisions 4 & 6	11 <b>Bags</b> Divisions 2 & 5	12 <b>Cross Country</b>
13	14	15	16 <b>Fitness Class</b>	17	18 <b>Road Race Packet Pick-up</b>	19 <b>Road Race</b>
20	21 <b>Bowling</b> Divisions 4 & 5	22 <b>Bowling</b> Divisions 1 & 2 M/W	23 <b>Bowling</b> Divisions 3 & 6	24 <b>Bowling</b> D1 & 2 Coed	25	26 <b>Golf</b> D1, D2 & D5 Coed D2 M D4 & D6 W
27 <b>Golf</b> D1, D3, D4, D5, D6 - M D1, D2, D3, D5 - W	28	29 <b>Tug of War</b> Divisions 3, 4 & 6	30 <b>Tug of War</b> Divisions 1, 2 & 5	31	1	