



DES MOINES CORPORATE *GAMES*

2025 Calendar Division 4

***NOTE: The Duathlon and Triathlon will take place May 18, 2025**

June 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					30 Sand Volleyball	31
1 Pickleball	2 Basketball Men & Women <i>Step Challenge Begins</i>	3	4	5	6	7
8 Fitness Walk	9 Track & Field	10	11	12	13	14 Yoga
15	16	17 Ping Pong	18 Trivia	19	20	21 Ultimate Frisbee
22 Disc Golf	23	24	25 Dodgeball	26	27 Step Challenge Ends	28 Cycling Tour Ride
29 Golf Coed	30					
July 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10 Bags	11	12 Cross Country
13	14	15	16 Fitness Class	17	18 Road Race Packet Pick-up	19 Road Race
20	21 Bowling Men & Women	22	23	24	25	26 Golf Women
27 Golf Men	28	29 Tug of War	30	31	1	