

Bib #	Category	Participant First Name	Participant Last Name	T-Shirt	Division
Summer Games					
1	Duathlon 25-29 Female	Elise	Wieland	Adult Medium	
2	Duathlon 35-39 Male	Adam	Lekin	Adult Medium	
3	Duathlon 45-49 Male	Ryan	Flaherty	Adult X-Large	
4	Duathlon 50-54 Male	Brett	Fuelberth	Adult Medium	
5	Duathlon 60-64 Male	Curt	Sauve	Adult Large	
Corporate Games					
6	Duathlon Female 35-39	Cindy	Lande	BrownWinick	Division 4
7	Duathlon Female 25-29	Bethany	Coop	City of Des Moines Employees	Division 1
8	Duathlon Male 50-54	Andy	Juelfs	City of Des Moines Employees	Division 1
9	Duathlon Female 40-44	Carrie	Kruse	City of Des Moines Employees	Division 1
10	Duathlon Male 55-59	Danny	Oconner	City of Des Moines Employees	Division 1
11	Duathlon Male 50-54	Trenton	Powell	City of Des Moines Employees	Division 1
12	Duathlon Male 25-29	Nicholas	Tarpey	City of Des Moines Employees	Division 1
13	Duathlon Male 55-59	John	TeKippe	City of Des Moines Employees	Division 1
14	Duathlon Male 45-49	Nick	Woolsey	City of Des Moines Employees	Division 1
15	Duathlon Male 40-44	Neil	Erickson	Corteva Agriscience	Division 1
16	Duathlon Male 30-34	Jason	Scholbrock	Corteva Agriscience	Division 1
17	Duathlon Male 50-54	Jeff	Stapleton	Corteva Agriscience	Division 1
18	Duathlon Male 45-49	Jeremy	Sievers	Drake University	Division 1
19	Duathlon Male 30-34	Torey	Stallsmith	Eide Bailly CPA	Division 5
20	Duathlon Male 18-24	Alexander	Parkel	Farm Bureau Financial Services	Division 5
21	Duathlon Male 50-54	Jason	Brown	Foster Group	Division 5
22	Duathlon Male 25-29	Jake	Kinnetz	Foster Group	Division 5
23	Duathlon Male 35-39	Ryne	Oller	Foster Group	Division 5
24	Duathlon Male 45-49	Kadin	White	Foster Group	Division 5
25	Duathlon Male 25-29	Tyler	Pierson	Global Atlantic Financial Group	Division 3
26	Duathlon Female 60-64	Barb	Baker	Grinnell Mutual	Division 1
27	Duathlon Female 25-29	Caitlin	Cain	Heartland Co-op USA Group Meriweather	Division 6
28	Duathlon Male 25-29	Devin	Benish	Iowa Soybean Association	Division 5
29	Duathlon Male 45-49	Adam	Kiel	Iowa Soybean Association	Division 5
30	Duathlon Male 50-54	David	Kurth	Iowa Soybean Association	Division 5
31	Duathlon Male 25-29	Pedro	Zamora	ISG	Division 5
32	Duathlon Male 40-44	Brady	Gries	John Deere	Division 1
33	Duathlon Male 30-34	Adam	Stonehocker	John Deere	Division 1
34	Duathlon Male 30-34	Christian	Trejo	John Deere	Division 1
35	Duathlon Male 25-29	Bryce	Bingham	LCS	Division 2
36	Duathlon Male 35-39	Tyler	Duff	MidAmerican Energy Company	Division 1
37	Duathlon Male 25-29	Brady	Eversmeyer	Pella Corporation	Division 1
38	Duathlon Male 65+	Mike	Mathewson	Pella Corporation	Division 1
39	Duathlon Male 35-39	Jason	Matti	Pella Corporation	Division 1
40	Duathlon Male 18-24	Curtis	Peters	Pella Corporation	Division 1
41	Duathlon Male 25-29	Stephen	Sawatzky	Pella Corporation	Division 1
42	Duathlon Male 18-24	Gavin	Swartz	Pella Corporation	Division 1
43	Duathlon Male 35-39	Adam	Watermiller	Principat	Division 1
44	Duathlon Male 50-54	Michael	Gerard	Progressive Insurance	Division 6
45	Duathlon Male 40-44	Nicholas	Koehler	R&R Realty Group	Division 4
46	Duathlon Male 35-39	Lucas	Neitzel	R&R Realty Group	Division 4
47	Duathlon Male 25-29	Cameron	DeVaux	TMC Transportation	Division 2
48	Duathlon Male 60-64	Mark	Sickmiller	TMC Transportation	Division 2
49	Duathlon Male 18-24	Nicholas	Sash	Turner Construction Company	Division 3
50	Duathlon Female 25-29	Claudia	Barr	Valley Church	Division 4
51	Duathlon Male 25-29	Noah	Barr	Valley Church	Division 4
52	Duathlon Male 25-29	Tyler	Ceccato	Wellabe	Division 2
53	Duathlon Male 35-39	Jeff	Harms	Wellabe	Division 2
54	Duathlon Male 30-34	Joey	Spivey	Wellabe	Division 2
Summer Games					
55	Triathlon 16-19 Male	Micah	Sands	Adult Large	
56	Triathlon 16-19 Male	Isaac	Johnson	Adult Medium	
57	Triathlon 20-24 Female	Macy	Fuelberth	Adult Medium	
58	Triathlon 20-24 Male	Tate	Hookham	Adult Large	
59	Triathlon 25-29 Male	Cory	Suedmeier	Adult X-Large	
60	Triathlon 25-29 Male	Paul	Sink	Adult Large	
61	Triathlon 30-34 Female	Jessica	Taylor-Fink	Adult X-Large	
62	Triathlon 30-34 Female	Kirsten	Bedell	Adult Medium	

63	Triathlon 30-34 Male	Kyle	Palmolea	Adult Large	
64	Triathlon 30-34 Male	Trevor	Irwin	Adult Medium	
65	Triathlon 30-34 Male	Eric	Held	Adult Large	
66	Triathlon 30-34 Male	Trever	Birchmier	Adult Medium	
67	Triathlon 35-39 Female	Megan	Brandt	Adult Medium	
68	Triathlon 35-39 Male	Ben	Keenan	Adult Medium	
69	Triathlon 35-39 Male	Dallas	Lehman	Adult Large	
70	Triathlon 35-39 Male	Brock	Vosberg	Adult Medium	
71	Triathlon 35-39 Male	Matt	Mahler	Adult Large	
72	Triathlon 35-39 Male	Aaron	Odekirk	Adult Small	
73	Triathlon 35-39 Male	David	Alexander	Adult Large	
74	Triathlon 40-44 Female	Debra	Whitmore	Adult Small	
75	Triathlon 40-44 Male	Trey	Hughes	Adult Medium	
76	Triathlon 40-44 Male	Justin	Knudson	Adult Large	
77	Triathlon 45-49 Female	mitchell	mcgonigal	Adult Small	
78	Triathlon 45-49 Female	Heather	Stephens	Adult Small	
79	Triathlon 45-49 Male	Braxton	Pulley	Adult Large	
80	Triathlon 45-49 Male	Ryan	Flaherty	Adult X-Large	
81	Triathlon 50-54 Female	therese	slechta	Adult Large	
82	Triathlon 50-54 Male	Mike	Hershberger	Adult Medium	
83	Triathlon 50-54 Male	Mark	Hookham	Adult Large	
84	Triathlon 50-54 Male	Michael	Stephens	Adult Large	
85	Triathlon 55-59 Female	Julie	Kneale	Adult Large	
86	Triathlon 55-59 Female	Julie	Summers	Adult Small	
87	Triathlon 55-59 Male	neil	glaser	Adult XX-Large	
88	Triathlon 60-64 Female	Sherri	Huff	Adult Small	
89	Triathlon 60-64 Female	Heather	Stilborn	Adult Medium	
90	Triathlon 60-64 Male	Charles	Nicholson	Adult Large	
91	Triathlon 60-64 Male	William	Henninger	Adult Large	
92	Triathlon 60-64 Male	Ken	Winter	Adult Medium	
93	Triathlon 65-69 Male	John	Gorman	Adult Large	
94	Triathlon 65-69 Male	Paul	Carter	Adult X-Large	
95	Triathlon 65-69 Male	Edward	Bell	Adult Medium	
96	Triathlon 70-74 Male	Johnny	Ytzen	Adult Large	
97	Triathlon 70-74 Male	Alan	Gross	Adult XX-Large	
98	Triathlon 75-79 Male	Lynn	Vogt	Adult Large	
99	Triathlon Athena Female	Becky	Nelson	Adult Large	
100	Triathlon Clydesdale Male	Brett	Trout	Adult X-Large	
101	Triathlon Clydesdale Male	Doug	Rathburn	Adult X-Large	
102	Triathlon Clydesdale Male	Zack	Tucker	Adult X-Large	
	Corporate Games				
103	Triathlon Male 30-34	Matthew	May	Baker Group	Division 1
104	Triathlon Male 25-29	Riley	May	Baker Group	Division 1
105	Triathlon Male 55-59	Christopher	Birler	Corteva Agriscience	Division 1
106	Triathlon Male 35-39	Levi	DeSutter	Corteva Agriscience	Division 1
107	Triathlon Male 45-49	Dallas	Dickey	Corteva Agriscience	Division 1
108	Triathlon Male 30-34	Abraham	Flanders	Corteva Agriscience	Division 1
109	Triathlon Female 30-34	Haley	Peters	Corteva Agriscience	Division 1
110	Triathlon Male 40-44	John	Woodward	Corteva Agriscience	Division 1
111	Triathlon Male 25-29	Grant	Davis	Dee Zee Inc.	Division 2
112	Triathlon Male 18-24	Jake	Miller	DLL Finance	Division 3
113	Triathlon Male 55-59	David	Courard-Hauri	Drake University	Division 1
114	Triathlon Male 25-29	Brandon	Albrecht	Farm Bureau Financial Services	Division 1
115	Triathlon Male 35-39	Alex	Battani	Foster Group	Division 5
116	Triathlon Male 50-54	Jason	Brown	Foster Group	Division 5
117	Triathlon Male 30-34	Marcus	Treimer	IMT Insurance	Division 3
118	Triathlon Male 30-34	Zack	Valigosky	ISG	Division 5
119	Triathlon Female 30-34	Kaelyn	Burbey	John Deere	Division 1
120	Triathlon Male 30-34	John	Dieter	John Deere	Division 1
121	Triathlon Male 30-34	Francisco	López	John Deere	Division 1
122	Triathlon Male 35-39	Marlo	Morgan	John Deere	Division 1
123	Triathlon Male 60-64	Matt	Paulsen	John Deere	Division 1
124	Triathlon Male 30-34	Tyson	Wieland	John Deere	Division 1
125	Triathlon Male 40-44	Cory	McHale	Keen Project Solutions, LLC	Division 5
126	Triathlon Male 25-29	Braden	Cooper	MODUS Engineering/OPN Architects	Division 5
127	Triathlon Male 50-54	Jason	Hennessey	Palmer Group	Division 5

128	Triathlon Male 30-34	Bryce	Mcllravy	Palmer Group	Division 5
129	Triathlon Male 35-39	Brock	Milligan	Palmer Group	Division 5
130	Triathlon Male 40-44	Brian	Steenhoek	Palmer Group	Division 5
131	Triathlon Female 35-39	Jaci	Adolphi	Pella Corporation	Division 1
132	Triathlon Male 45-49	Ben	Perkins	Pella Corporation	Division 1
133	Triathlon Male 45-49	Kyle	Punt	Pella Corporation	Division 1
134	Triathlon Male 40-44	Shawn	Vande Kieft	Pella Corporation	Division 1
135	Triathlon Male 18-24	Evan	Lemker	Principal	Division 1
136	Triathlon Female 40-44	Jenni	Losee	Principal	Division 1
137	Triathlon Male 40-44	Charlie	Ramirez	Principal	Division 1
138	Triathlon Male 25-29	Cory	Suedmeier	Principal	Division 1
139	Triathlon Male 35-39	Ross	Meany	RMH Systems, Inc.	Division 5
140	Triathlon Male 45-49	Justin	Riddle	Schaal Plumbing, Heating & Cooling	Division 4
141	Triathlon Male 35-39	Kirk	Monnier	TMC Transportation	Division 2
142	Triathlon Male 25-29	Nicholas	Kearbey	Turner Construction Company	Division 3
143	Triathlon Female 35-39	Whitney	Miller	Turner Construction Company	Division 3
144	Triathlon Female 25-29	Clare	Davison	UHY	Division 5
145	Triathlon Male 25-29	Caleb	Meyer	YMCA of Greater Des Moines	Division 3
146	Triathlon Male 18-24	Ryan	Warrick	YMCA of Greater Des Moines	Division 3
147	Triathlon Male 25-29	Matt	Krueger	Zirous	Division 5
	Corporate Games Teams				
150	Team Duathlon Run	Clayton	Bettis	Corteva - Coed - #2	Division 1
150	Team Duathlon Bike	Dawn	Schroeder	Corteva - Coed - #2	Division 1
150	Team Duathlon Run	Craig	Schwarte	Corteva - Coed - #2	Division 1
151	Team Duathlon Run	Mahmoud	Abdelaziz	Corteva - Coed - #3	Division 1
151	Team Duathlon Bike	Sarah	Evans	Corteva - Coed - #3	Division 1
152	Team Duathlon Bike	Katie	James	Corteva - Coed - #4	Division 1
152	Team Duathlon Run	Natalie	Smith	Corteva - Coed - #4	Division 1
152	Team Duathlon Run	Matt	Stessman	Corteva - Coed - #4	Division 1
153	Team Duathlon Run	Sydney	Branstetter	Ernst & Young 1 Coed	Division 3
153	Team Duathlon Bike	Adam	Severson	Ernst & Young 1 Coed	Division 3
154	Team Duathlon Bike	Ben	Berger	Foster Group 5 Coed	Division 5
154	Team Duathlon Run	Molly	Gibson	Foster Group 5 Coed	Division 5
155	Team Duathlon Run	Caitlin	Cain	Heartland Co-op USA Group Meriweather Coed 1	Division 6
155	Team Duathlon Run	Jeff	Emery	Heartland Co-op USA Group Meriweather Coed 1	Division 6
155	Team Duathlon Bike	Justin	Seifrig	Heartland Co-op USA Group Meriweather Coed 1	Division 6
156	Team Duathlon Run	Dana	Vogel	IMT1 Coed	Division 3
156	Team Duathlon Bike	Terry	Waters	IMT1 Coed	Division 3
157	Team Duathlon Bike	Jacob	Gasper	MODUS/OPN 1 Coed	Division 5
157	Team Duathlon Run	James	Hartman	MODUS/OPN 1 Coed	Division 5
157	Team Duathlon Run	Allison	Howard	MODUS/OPN 1 Coed	Division 5
158	Team Duathlon Bike	Katie	Doyle	Pella Corporation 1 Coed	Division 1
158	Team Duathlon Run	Elijah	Wright	Pella Corporation 1 Coed	Division 1
158	Team Duathlon Run	Cory	Meyers	Pella Corporation 1 Coed	Division 1
159	Team Duathlon Run	Jean	Dingeman	Pella Corporation 2 Coed	Division 1
159	Team Duathlon Run	Franklin	Makia	Pella Corporation 2 Coed	Division 1
160	Team Duathlon Run	Kate	Derrick	R&R 6 Coed	Division 4
160	Team Duathlon Run	Kelley	Fox	R&R 6 Coed	Division 4
160	Team Duathlon Bike	Josh	Koehler	R&R 6 Coed	Division 4
161	Team Duathlon Run	Kara	Sinnard	R&R 7 Coed	Division 4
161	Team Duathlon Run	Adam	Kaduce	R&R 7 Coed	Division 4
161	Team Duathlon Bike	Anthony	Rogers	R&R 7 Coed	Division 4
162	Team Duathlon Run	Jenny	Livingston	R&R 8 Coed	Division 4
162	Team Duathlon Bike	Joe	Price	R&R 8 Coed	Division 4

162	Team Duathlon Run	Colton	Rupprecht	R&R 8 Coed	Division 4
163	Team Duathlon Bike	Essam	Kassem	Wellabe 2 Coed	Division 2
163	Team Duathlon Run	Jeff	Harms	Wellabe 2 Coed	Division 2
163	Team Duathlon Run	Sara	Lehan	Wellabe 2 Coed	Division 2
164	Team Duathlon Run	Margaret	Burk	Wellabe 3 Coed	Division 2
164	Team Duathlon Bike	Anthony	Leto	Wellabe 3 Coed	Division 2
164	Team Duathlon Bike	Shade	Patterson	Wellabe 3 Coed	Division 2
165	Team Duathlon Run	Margaret	Burk	Wellabe 3 Coed	Division 2
165	Team Duathlon Bike	Anthony	Leto	Wellabe 3 Coed	Division 2
165	Team Duathlon Bike	Shade	Patterson	Wellabe 3 Coed	Division 2
166	Team Duathlon Bike	Mike	McDermott	Zirous2 Coed	Division 5
166	Team Duathlon Run	Brooklyn	McKee	Zirous2 Coed	Division 5
167	Team Duathlon Run	Roger	Miller	Pella Corporation 3 Coed	Division 1
167	Team Duathlon Bike	Melinda	Frost	Pella Corporation 3 Coed	Division 1
167	Team Duathlon Bike	Chris	Lauman	Pella Corporation 3 Coed	Division 1
168	Team Duathlon Bike	Troy	Henrich	Corteva - Men's - #1	Division 1
168	Team Duathlon Run	Jake	Watts	Corteva - Men's - #1	Division 1
169	Team Duathlon Run	Patrick	Brugger	Corteva - Men's - #2	Division 1
169	Team Duathlon Bike	Josh	Prybil	Corteva - Men's - #2	Division 1
170	Team Duathlon Bike	Nathan	Johnson	Corteva - Men's - #3	Division 1
170	Team Duathlon Run	Nathan	Paul	Corteva - Men's - #3	Division 1
171	Team Duathlon Run	Jacob	MacVey	DCI Group 1 Mens	Division 6
171	Team Duathlon Run	Josip	Juric	DCI Group 1 Mens	Division 6
171	Team Duathlon Run	Michael	Steen	DCI Group 1 Mens	Division 6
178	Team Duathlon Run	Seth	Comfort	Foster Group 1 Mens	Division 5
178	Team Duathlon Bike	Josh	Pirtle	Foster Group 1 Mens	Division 5
179	Team Duathlon Run	Caleb	Brown	Foster Group 2 Mens	Division 5
179	Team Duathlon Bike	Kent	Kramer	Foster Group 2 Mens	Division 5
180	Team Duathlon Run	Jack	Milligan	Team HBS 1 Mens	Division 5
180	Team Duathlon Run	Derek	Ciddio	Team HBS 1 Mens	Division 5
180	Team Duathlon Bike	Ben	Hall	Team HBS 1 Mens	Division 5
181	Team Duathlon Run	Mitch	Fastenau	Iowa Soybean 1 Mens	Division 5
181	Team Duathlon Bike	Matt	Herman	Iowa Soybean 1 Mens	Division 5
182	Team Duathlon Run	Aaron	Prestholt	Iowa Soybean 2 Mens	Division 5
182	Team Duathlon Run	Easton	Kuboushek	Iowa Soybean 2 Mens	Division 5
182	Team Duathlon Bike	Joe	Winchell	Iowa Soybean 2 Mens	Division 5
183	Team Duathlon Bike	Dakota	Dehnke	MODUS/OPN 2 Mens	Division 5
183	Team Duathlon Run	Erik	Francois	MODUS/OPN 2 Mens	Division 5
183	Team Duathlon Run	Josh	Nielsen	MODUS/OPN 2 Mens	Division 5
184	Team Duathlon Bike	Jordan	Dougherty	Palmer Group 2 Mens	Division 5
184	Team Duathlon Run	Connor	Severson	Palmer Group 2 Mens	Division 5
184	Team Duathlon Run	David	Shilling	Palmer Group 2 Mens	Division 5
185	Team Duathlon Bike	JT	Crowley	Principal 1 - Mens	Division 1
185	Team Duathlon Run	David	Primeau	Principal 1 - Mens	Division 1
186	Team Duathlon Bike	Terry	Clark	R&R 1 Mens	Division 4
186	Team Duathlon Run	Jordan	Newman	R&R 1 Mens	Division 4
187	Team Duathlon Run	Phillip	Mainprize	R&R 2 Mens	Division 4

187	Team Duathlon Bike	Butler	Kaden	R&R 2 Mens	Division 4
188	Team Duathlon Run	Steve	Boblenz	R&R 3 Mens	Division 4
188	Team Duathlon Bike	CJ	Kyle	R&R 3 Mens	Division 4
188	Team Duathlon Run	Craig	Naleway	R&R 3 Mens	Division 4
189	Team Duathlon Run	Christopher	Porter	Wellabe 1 Mens	Division 2
189	Team Duathlon Run	Blake	Whalen	Wellabe 1 Mens	Division 2
190	Team Duathlon Bike	Tony	Brimeyer	Zirous 3 Mens	Division 5
190	Team Duathlon Run	Colton	Rodgers	Zirous 3 Mens	Division 5
190	Team Duathlon Run	Luke	Wenz	Zirous 3 Mens	Division 5
191	Team Duathlon Run	Luke	McDermott	Zirous 6 Mens	Division 5
191	Team Duathlon Run	Jeremy	Marchesani	Zirous 6 Mens	Division 5
191	Team Duathlon Bike	Scott	Vlasic	Zirous 6 Mens	Division 5
192	Team Duathlon Run	Ian	Dalton	Zirous 5 Mens	Division 5
192	Team Duathlon Run	Brett	Clark	Zirous 5 Mens	Division 5
192	Team Duathlon Bike	Jens	Rasmussen	Zirous 5 Mens	Division 5
193	Team Duathlon Bike	Nathan	Sorlien	Zirous 7 Mens	Division 5
193	Team Duathlon Bike	Shamus	Shelley	Zirous 7 Mens	Division 5
194	Team Duathlon Bike	Kendall	Burchett	Corteva - Women's - #1	Division 1
194	Team Duathlon Run	Morgan	Knight	Corteva - Women's - #1	Division 1
194	Team Duathlon Run	Jamie	Peterson	Corteva - Women's - #1	Division 1
195	Team Duathlon Bike	April	Battani	Corteva - Women's - #2	Division 1
195	Team Duathlon Run	Alicia	Masters	Corteva - Women's - #2	Division 1
196	Team Duathlon Run	Ningning	Han	Corteva - Women's - #3	Division 1
196	Team Duathlon Bike	Carol	Hemphill	Corteva - Women's - #3	Division 1
197	Team Duathlon Run	Lauren	Poell	Foster Group 3 Womens	Division 5
197	Team Duathlon Bike	Randi	Pruitt	Foster Group 3 Womens	Division 5
198	Team Duathlon Run	Colleen	Claude	Foster Group 4 Womens	Division 5
198	Team Duathlon Bike	Brittany	Heard	Foster Group 4 Womens	Division 5
199	Team Duathlon Run	Tamara	Hawkins	Palmer Group 1 Womens	Division 5
199	Team Duathlon Run	Daphne	Strief	Palmer Group 1 Womens	Division 5
199	Team Duathlon Bike	Bauer	Willow	Palmer Group 1 Womens	Division 5
200	Team Duathlon Run	Angela	Brincks	R&R 4 Womens	Division 4
200	Team Duathlon Run	Lindsay	Schlatter	R&R 4 Womens	Division 4
200	Team Duathlon Bike	McKenzie	Wall	R&R 4 Womens	Division 4
201	Team Duathlon Bike	Darica	Yates	R&R 5 Womens	Division 4
201	Team Duathlon Run	Keely	McFarlin	R&R 5 Womens	Division 4
201	Team Duathlon Run	Jen	Sics	R&R 5 Womens	Division 4
202	Team Duathlon Bike	Jackie	Petsinger	Zirous4 Womens	Division 5
202	Team Duathlon Run	Amy	Groathouse	Zirous4 Womens	Division 5
202	Team Duathlon Run	Hannah	Howard	Zirous4 Womens	Division 5
203	Team Duathlon Run	Thomas	Hlad	Corteva - Coed - #1	Division 1
203	Team Duathlon Bike	Joan	Kallen	Corteva - Coed - #1	Division 1
Summer Games Teams					
204	Triathlon Team Coed	Miles	Lamb	Youth Large (14-16)	
204	Triathlon Team Coed	Nora	Lamb	Adult Small	
204	Triathlon Team Coed	Dawson	Sytsma	Adult Medium	