



EXECUTIVE SPONSOR



SCHEDULE & RESULTS SPONSOR



DMCG 2024 Yoga Results

First Name	Last Name	Company	Division	Points
Trenton	Powell	City of Des Moines Employees	Division 1	25
April	Battani	Corteva Agriscience	Division 1	25
Dinakar	Bhatramakki	Corteva Agriscience	Division 1	25
Karl	Christensen	Corteva Agriscience	Division 1	25
Emily	De Wind	Corteva Agriscience	Division 1	25
Kimberly	Forrester	Corteva Agriscience	Division 1	25
Jenny	Goodman	Corteva Agriscience	Division 1	25
Carol	Hemphill	Corteva Agriscience	Division 1	25
Todd	Hemphill	Corteva Agriscience	Division 1	25
Troy	Henrich	Corteva Agriscience	Division 1	25
Rebecca	Ingle	Corteva Agriscience	Division 1	25
Christy	Jaworski	Corteva Agriscience	Division 1	25
Rachel	Jensen	Corteva Agriscience	Division 1	25
Junli	Ji	Corteva Agriscience	Division 1	25
Megan	Kuhl	Corteva Agriscience	Division 1	25
Emily	Moeltring	Corteva Agriscience	Division 1	25
Sheila	Nord	Corteva Agriscience	Division 1	25
Merideth	Thelen	Corteva Agriscience	Division 1	25
Katherine	Thilges	Corteva Agriscience	Division 1	25
Ryan	Thompson	Corteva Agriscience	Division 1	25
Sara	Heijerman	Drake University	Division 1	25
Amanda	Martin	Drake University	Division 1	25
Geena	Rasmussen	Drake University	Division 1	25
Suman	Rose	Drake University	Division 1	25
Hadassah	Holl	Farm Bureau Financial Services	Division 1	25
Brianna	Mulcahy	Farm Bureau Financial Services	Division 1	25
Haley	Nehring	Farm Bureau Financial Services	Division 1	25
Alexander	Parkel	Farm Bureau Financial Services	Division 1	25
Reed	Christensen	John Deere	Division 1	25
Ali	Krogman	John Deere	Division 1	25
Davin	Miller	John Deere	Division 1	25
Kimia	Safari-Shad	John Deere	Division 1	25
Hannah	Bennett	Pella Corporation	Division 1	25
Maggie	Augustine	Principal	Division 1	25
Jane	Azinger	Principal	Division 1	25
Michele	Burkhiser	Principal	Division 1	25
Joe	Crowley	Principal	Division 1	25
Kristina	Cummins	Principal	Division 1	25
Jill	Dinges	Principal	Division 1	25
Abby	Draisey	Principal	Division 1	25
Deena	Fischer	Principal	Division 1	25
Jennie	Glaser-Koehler	Principal	Division 1	25
Christopher	Lewis	Principal	Division 1	25
Gaelen	Morgan	Principal	Division 1	25
Denise	Novak	Principal	Division 1	25
Kris	Zylstra	Waukee Community School District	Division 1	25
Phillip	Kizhner	American Equity Investment Life Insurance Company	Division 2	25
Ashlee	Daniel	Collins Aerospace	Division 2	25
Vicki	Fulk	Collins Aerospace	Division 2	25
Dave	Underwood	Collins Aerospace	Division 2	25
Teja	Nagati	Dee Zee Inc.	Division 2	25
Akhilesh	Neerukonda	Dee Zee Inc.	Division 2	25
Stephen	Bloomberg	EFCO	Division 2	25
Dannette	Dahlhauser	EFCO	Division 2	25
Krista	Jaspering	EFCO	Division 2	25
Lena	Baccam	EquiTrust Life Insurance Company	Division 2	25
Michelle	Kopacek	EquiTrust Life Insurance Company	Division 2	25
Lisa	Turcotte	EquiTrust Life Insurance Company	Division 2	25
Kelli	Greiner	F&G	Division 2	25
Carol	Pester	F&G	Division 2	25
Sarah	Bishop	Federal Home Loan Bank of Des Moines	Division 2	25
Jesse	Dox	Federal Home Loan Bank of Des Moines	Division 2	25
Danielle	Gohr	Federal Home Loan Bank of Des Moines	Division 2	25
Tristan	Habibi	Federal Home Loan Bank of Des Moines	Division 2	25
Heidi	Handlos	Federal Home Loan Bank of Des Moines	Division 2	25
Sue	Schmitt	Federal Home Loan Bank of Des Moines	Division 2	25
Ambrea	Settle	Federal Home Loan Bank of Des Moines	Division 2	25
Beth	Shea	Federal Home Loan Bank of Des Moines	Division 2	25
Kate	Slusark	Federal Home Loan Bank of Des Moines	Division 2	25
Ngoc	Truong	Federal Home Loan Bank of Des Moines	Division 2	25
Araceli	Villanueva	Federal Home Loan Bank of Des Moines	Division 2	25
sara	wille	Federal Home Loan Bank of Des Moines	Division 2	25

Company	Points
Division 1	
City of Des Moines Employees	25
Corteva Agriscience	475
Drake University	100
Farm Bureau Financial Services	100
John Deere	100
Pella Corporation	25
Principal	300
Waukee Community School District	25
Division 2	
American Equity Investment Life Insurance Company	25
Collins Aerospace	75
Dee Zee Inc.	50
EFCO	75
EquiTrust Life Insurance Company	75
F&G	50
Federal Home Loan Bank of Des Moines	350
LCS	100
Ruan Transportation	75
Wellabe	200
Division 3	
ARAG North American Inc	25
Community Choice	25
DLL Finance	300
Elder Corporation	50
Ernst & Young	50
Farmers Mutual Hail Insurance Company	575
Global Atlantic Financial Group	50
IMT Insurance	100
Turner Construction Company	75
Division 4	
ClaimDOC	75
Coldwell Banker Mid-America	75
Deloitte	50
Metro Waste Authority	25
R&R Realty Group	350
Schaal Plumbing, Heating & Cooling	625
Division 5	
Eide Bailly CPA	100
Foster Group	450
FRB Des Moines	75
HBS	50
Iowa Soybean Association	100
ISG	50
Krause Group	100
MODUS Engineering/OPN Architects	25
Palmer Group	150
RMH Systems, Inc.	100
UHY	75
Zirous	450
Division 6	
Foth Infrastructure & Environment	125
Heartland Co-op USA Group Meriweather	50
Jones Lang LaSalle	50

Kris	Williams	Federal Home Loan Bank of Des Moines	Division 2	25
Rachel	Woltschlagner	Federal Home Loan Bank of Des Moines	Division 2	25
Dena	Rinderknecht	LCS	Division 2	25
Leah	Tjepkes	LCS	Division 2	25
Whitney	Weiser	LCS	Division 2	25
Callie	Yearous	LCS	Division 2	25
Amanda	Hunerdosse	Ruan Transportation	Division 2	25
Amy	Morris	Ruan Transportation	Division 2	25
Terri	Utterback-Black	Ruan Transportation	Division 2	25
Sarah	Barchman	Wellabe	Division 2	25
Payton	Burken	Wellabe	Division 2	25
Emilie	Gregor	Wellabe	Division 2	25
michelle	ingle	Wellabe	Division 2	25
Janssen	Judge	Wellabe	Division 2	25
Liz	Koch	Wellabe	Division 2	25
Becca	Novak	Wellabe	Division 2	25
Loni	Pham	Wellabe	Division 2	25
Sarah	Holt	ARAG North American Inc	Division 3	25
HANAH	MILLER	Community Choice	Division 3	25
JOEL	CLARK	DLL Finance	Division 3	25
Jenny	Eshelman	DLL Finance	Division 3	25
Christina	Guhin	DLL Finance	Division 3	25
Emilie	Hertzer	DLL Finance	Division 3	25
Laura	Meyer	DLL Finance	Division 3	25
Tara	Moro	DLL Finance	Division 3	25
Courtney	Morris	DLL Finance	Division 3	25
Sarah	Paulson	DLL Finance	Division 3	25
Scott	Taylor	DLL Finance	Division 3	25
Ashley	Van Vark	DLL Finance	Division 3	25
Justin	Voss	DLL Finance	Division 3	25
Tyler	Walzer	DLL Finance	Division 3	25
Kayle	Frese	Elder Corporation	Division 3	25
Ryan	Reed	Elder Corporation	Division 3	25
Alex	Mona	Ernst & Young	Division 3	25
Andrew	Tribbey	Ernst & Young	Division 3	25
Trish	Anders	Farmers Mutual Hail Insurance Company	Division 3	25
Dawn	Bauer	Farmers Mutual Hail Insurance Company	Division 3	25
Nancy	Bockelman	Farmers Mutual Hail Insurance Company	Division 3	25
Jenni	Boehmer	Farmers Mutual Hail Insurance Company	Division 3	25
Kari	Boscaljon	Farmers Mutual Hail Insurance Company	Division 3	25
Jen	Boyd	Farmers Mutual Hail Insurance Company	Division 3	25
Carolyn	Caffery	Farmers Mutual Hail Insurance Company	Division 3	25
L	Castle	Farmers Mutual Hail Insurance Company	Division 3	25
Christina	Caudillo	Farmers Mutual Hail Insurance Company	Division 3	25
K	Juffer	Farmers Mutual Hail Insurance Company	Division 3	25
Mary Beth	Maffin	Farmers Mutual Hail Insurance Company	Division 3	25
Larry	Mahrtstedt	Farmers Mutual Hail Insurance Company	Division 3	25
Lisa	Morris	Farmers Mutual Hail Insurance Company	Division 3	25
Jim	Polish	Farmers Mutual Hail Insurance Company	Division 3	25
Allison	Porter	Farmers Mutual Hail Insurance Company	Division 3	25
Madan	Ravindran	Farmers Mutual Hail Insurance Company	Division 3	25
Morgan	Schaben	Farmers Mutual Hail Insurance Company	Division 3	25
Rafeeq	Shaik	Farmers Mutual Hail Insurance Company	Division 3	25
Brenda	Treanter	Farmers Mutual Hail Insurance Company	Division 3	25
Peggy	Vespa	Farmers Mutual Hail Insurance Company	Division 3	25
Angel	Walsh	Farmers Mutual Hail Insurance Company	Division 3	25
Taylor	Wilkens	Farmers Mutual Hail Insurance Company	Division 3	25
Kathy	Yori	Farmers Mutual Hail Insurance Company	Division 3	25
Erin	Fast	Global Atlantic Financial Group	Division 3	25
Ing Teck	Wee	Global Atlantic Financial Group	Division 3	25
Michael	Hausafus	IMT Insurance	Division 3	25
Lindsay	Klein	IMT Insurance	Division 3	25
Madison	Melohn	IMT Insurance	Division 3	25
Susan	Perry	IMT Insurance	Division 3	25
Allison	Cook	Turner Construction Company	Division 3	25
John	King	Turner Construction Company	Division 3	25
Megan	Pudenz	Turner Construction Company	Division 3	25
Janelle	Laugerman	ClaimDOC	Division 4	25
Heidiliz	Martinez	ClaimDOC	Division 4	25
Karen	Morgan	ClaimDOC	Division 4	25
Kathi	Dellaca	Coldwell Banker Mid-America	Division 4	25
Sarah J.	Miller	Coldwell Banker Mid-America	Division 4	25
Katie	Phillips	Coldwell Banker Mid-America	Division 4	25
Amber	Hurlburt	Deloitte	Division 4	25
Rebecca	Maire	Deloitte	Division 4	25
Kyle	Fischer	Metro Waste Authority	Division 4	25
Nicole	Ayers	R&R Realty Group	Division 4	25
Angela	Brincks	R&R Realty Group	Division 4	25
Kaden	Butler	R&R Realty Group	Division 4	25
Jordann	Cataldo	R&R Realty Group	Division 4	25
Christine	Connor	R&R Realty Group	Division 4	25
Nicholas	Koehler	R&R Realty Group	Division 4	25
Jamie	Lewis	R&R Realty Group	Division 4	25
Keely	McFarlin	R&R Realty Group	Division 4	25

Hannah	Meade	R&R Realty Group	Division 4	25
Kirby	Nelson	R&R Realty Group	Division 4	25
Lindsay	Schlatter	R&R Realty Group	Division 4	25
Kurt	Sieger	R&R Realty Group	Division 4	25
Kara	Sinnard	R&R Realty Group	Division 4	25
Darica	Yates	R&R Realty Group	Division 4	25
Joe	Anderson	Schaal Plumbing, Heating & Cooling	Division 4	25
Tim	Axtell	Schaal Plumbing, Heating & Cooling	Division 4	25
Justin	Bailey	Schaal Plumbing, Heating & Cooling	Division 4	25
Katie	Biondi	Schaal Plumbing, Heating & Cooling	Division 4	25
Skylar	Brady	Schaal Plumbing, Heating & Cooling	Division 4	25
Anna	Brichetto	Schaal Plumbing, Heating & Cooling	Division 4	25
Zach	Brichetto	Schaal Plumbing, Heating & Cooling	Division 4	25
Makayla	Clouse	Schaal Plumbing, Heating & Cooling	Division 4	25
Molly	Deutmeyer	Schaal Plumbing, Heating & Cooling	Division 4	25
Benton	Frey	Schaal Plumbing, Heating & Cooling	Division 4	25
Mallory	Frey	Schaal Plumbing, Heating & Cooling	Division 4	25
Jacobe	Galloway	Schaal Plumbing, Heating & Cooling	Division 4	25
Dawn	Hancock	Schaal Plumbing, Heating & Cooling	Division 4	25
Curtis	Hosler	Schaal Plumbing, Heating & Cooling	Division 4	25
Jesse	Hyde	Schaal Plumbing, Heating & Cooling	Division 4	25
Ashley	Keys	Schaal Plumbing, Heating & Cooling	Division 4	25
Jesse	McNally	Schaal Plumbing, Heating & Cooling	Division 4	25
Kristyn	Miller	Schaal Plumbing, Heating & Cooling	Division 4	25
Marcia	Miller	Schaal Plumbing, Heating & Cooling	Division 4	25
Chad	Ofstad	Schaal Plumbing, Heating & Cooling	Division 4	25
Joey	Palizzolo	Schaal Plumbing, Heating & Cooling	Division 4	25
Ryan	Renfro	Schaal Plumbing, Heating & Cooling	Division 4	25
Justin	Riddle	Schaal Plumbing, Heating & Cooling	Division 4	25
Adam	Street	Schaal Plumbing, Heating & Cooling	Division 4	25
Samuel	Techau	Schaal Plumbing, Heating & Cooling	Division 4	25
Taylor	Andersen	Eide Bailly CPA	Division 5	25
Emma	Brock	Eide Bailly CPA	Division 5	25
Abby	Croll	Eide Bailly CPA	Division 5	25
Emily	Hansen	Eide Bailly CPA	Division 5	25
Alex	Battani	Foster Group	Division 5	25
Jason	Brown	Foster Group	Division 5	25
Caleb	Brown	Foster Group	Division 5	25
Stasos	Clark	Foster Group	Division 5	25
Pam	Culp	Foster Group	Division 5	25
Jack	Davies	Foster Group	Division 5	25
Molly	Gibson	Foster Group	Division 5	25
Amy	Gonder	Foster Group	Division 5	25
Lindsey	Hannan	Foster Group	Division 5	25
Brittany	Heard	Foster Group	Division 5	25
Jessie	Hoepker	Foster Group	Division 5	25
Ashley	Hutzell	Foster Group	Division 5	25
Garrett	Jackson	Foster Group	Division 5	25
Melissa	Pflieder	Foster Group	Division 5	25
Lauren	Poell	Foster Group	Division 5	25
Grace	Rempe	Foster Group	Division 5	25
Andy	Rushenberg	Foster Group	Division 5	25
Ashlee	Vieregger	Foster Group	Division 5	25
Kara	Jackson	FRB Des Moines	Division 5	25
Julia	Sonntag	FRB Des Moines	Division 5	25
Mary Beth	Tystahl	FRB Des Moines	Division 5	25
Jordan	Armantrout	HBS	Division 5	25
Ashley	Bass	HBS	Division 5	25
Megan	Decker	Iowa Soybean Association	Division 5	25
Suzanne	Fey	Iowa Soybean Association	Division 5	25
Kerigan	Hunziker	Iowa Soybean Association	Division 5	25
Karen	Long	Iowa Soybean Association	Division 5	25
Joe	Klinkel	ISG	Division 5	25
Marisa	Young	ISG	Division 5	25
Jill	Hankins	Krause Group	Division 5	25
Emily	Hanna	Krause Group	Division 5	25
Madeline	Peterson	Krause Group	Division 5	25
Isaac	Vandersee	Krause Group	Division 5	25
Heidi	Meyer	MODUS Engineering/OPN Architects	Division 5	25
Kara	Calease	Palmer Group	Division 5	25
Megan	Culver	Palmer Group	Division 5	25
Tamara	Hawkins	Palmer Group	Division 5	25
Brennan	Jones	Palmer Group	Division 5	25
Shelby	Mensen	Palmer Group	Division 5	25
Connor	Severson	Palmer Group	Division 5	25
Tia	Chafa	RMH Systems, Inc.	Division 5	25
Rachel	Juhler	RMH Systems, Inc.	Division 5	25
Kristin	Reeves	RMH Systems, Inc.	Division 5	25
Nick	Welch	RMH Systems, Inc.	Division 5	25
Anna	Burriola	UHY	Division 5	25
Clare	Davison	UHY	Division 5	25
Tessa	Fields	UHY	Division 5	25
Jeremiah	Evans	Zirous	Division 5	25
Eric	Gleiter	Zirous	Division 5	25

Emily	Hoch	Zirous	Division 5	25
Hannah	Howard	Zirous	Division 5	25
Jenni	Hipwell	Zirous	Division 5	25
Matt	Krueger	Zirous	Division 5	25
Madison	Lang	Zirous	Division 5	25
Mike	McDermott	Zirous	Division 5	25
Luke	McDermott	Zirous	Division 5	25
Brooklyn	McKee	Zirous	Division 5	25
Libby	Nibble	Zirous	Division 5	25
Jackie	Petsinger	Zirous	Division 5	25
Jens	Rasmussen	Zirous	Division 5	25
Mike	Ross	Zirous	Division 5	25
Cael	Schreier	Zirous	Division 5	25
Sureshbabu	Shanmugam	Zirous	Division 5	25
Margaret	Sullivan	Zirous	Division 5	25
Megan	Tell	Zirous	Division 5	25
Ben	Hokanson	Foth Infrastructure & Environment	Division 6	25
Patrick	Kueter	Foth Infrastructure & Environment	Division 6	25
Eva	Moritz	Foth Infrastructure & Environment	Division 6	25
Jarrett	Morrison	Foth Infrastructure & Environment	Division 6	25
Stacy	Timperley	Foth Infrastructure & Environment	Division 6	25
Tay	Phillips Carreno Cordova	Heartland Co-op USA Group Meriweather	Division 6	25
Justin	Seifrig	Heartland Co-op USA Group Meriweather	Division 6	25
Kristin	Kurt	Jones Lang LaSalle	Division 6	25
Jana	Lynch	Jones Lang LaSalle	Division 6	25