

## DMCG Fitness Walk

### CHECK-IN & WATER BOTTLE PICK UP INFORMATION

Participants will park at Des Moines North High School and walk to Riverview Park to Check-In for the Fitness Walk. Participants can walk via 6th ave or the trail along the Des Moines River to get to the park.

Burst Your Thirst water bottle pick-up will take place at Des Moines North High School

